SARA CURTIS

NUOTO

Allenamento: Charlottesville (USA)

Sara Curtis is the **new rising star of Italian swimming**, a young prodigy already making her mark on the history of the sport. The first Italian swimmer ever to reach a World Championships final and to win a European medal in the 100-metre freestyle, Sara has not simply challenged established records – she has rewritten them. **Among her most significant achievements is the world record in the 50-metre backstroke, set in 26”56 at the 2026 European Championships in Paris, further cementing her place among the most exciting talents of her generation.** A young swimmer with exceptional natural talent and a student-athlete at the University of Virginia in the United States, Sara is known for her bright and positive personality, as well as her determination to always give her very best, both for herself and for her family, her greatest supporters. An Olympian, multiple European medallist and member of Esercito, Sara Curtis represents a new generation of Italian athletes: ambitious, determined and driven to inspire others through their achievements and their example.

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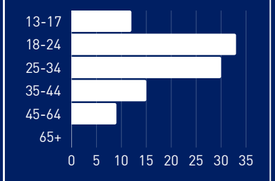
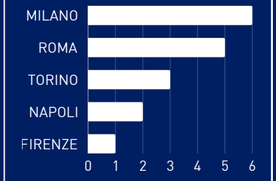
162K Follower	19% ER

60% - 40%

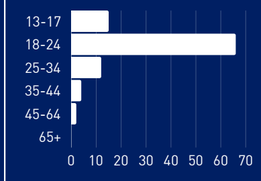


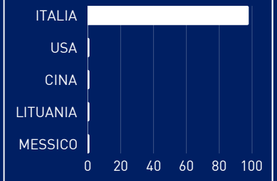


Interazioni medie	Avg. visualizzazioni Reels
32k	257k
Est. visualizzazioni della story	**Est. visualizzazioni per post**
16k	40k

25K Follower	56% COINVOLGIMENTO

32% - 68%





Interazioni medie	Avg. visualizzazioni
14k	149k
Mi piace	
14k	

Palmarès

2022:
- Argento nei 50m sl (Mondiali Giovanili - Lima 2022)
- Argento nella 4x100m misti (Mondiali Giovanili - Lima 2022)
- Argento nella 4x100m misti mista (Mondiali Giovanili - Lima 2022)
- Bronzo nei 50m dorso (Mondiali Giovanili - Lima 2022)
- Oro nella 4x100m sl (Europei Giovanili – Otopeni 2022)
- Bronzo nei 50m sl (Europei Giovanili – Otopeni 2022)
- Bronzo nella 4x100m misti (Europei Giovanili – Otopeni 2022)

2023:
- Oro nei 50m sl (Europei giovanili – Belgrado 2023)
- Oro nella 4x100m sl (Europei giovanili – Belgrado 2023)
- Oro 4x100m misti (Europei giovanili – Belgrado 2023)
- Argento nei 100m sl (Europei giovanili – Belgrado 2023)
- Argento nella 4x100m sl mista (Europei giovanili – Belgrado 2023)
- Bronzo nella 4x100m misti (Mondiali Giovanili – Netanya 2023)

2024:
- Oro nei 50m sl (Europei Giovanili – Vilnius 2024)
- Oro nei 100m sl (Europei Giovanili – Vilnius 2024)
- Oro nei 50m dorso (Europei Giovanili – Vilnius 2024)
- Oro nella 4x100m sl (Europei Giovanili – Vilnius 2024)
- Oro nella 4x100m misti (Europei Giovanili – Vilnius 2024)
- Oro nella 4x100m sl mista (Europei Giovanili – Vilnius 2024)
- Argento nella 4x100m misti mista (Europei Giovanili – Vilnius 2024)

2026
- Record Europeo nei 50 dorso (Trofeo Settecolli)
- Oro 50 dorso (con record del mondo) (Europei – Parigi 2026)
- argento 4x100 sl femminile e 4x100 mista femminile (Europei – Parigi 2026)
- bronzo 100m sl, 50 sl e 4x100 sl mista (Europei – Parigi 2026)